

GHANA TEAM REPORT - 2013

The Ghana team once again visited Ofoase and its surrounding communities in the Eastern Region of Ghana from 24th July-1st August, 2013. The services provided were medical screening, free medical consultation, public health education, counseling and evangelism, free supply of drugs and other free complementary supplies (such as toiletries, sweets for children etc).

In Cooperation With:

- Member of Parliament of the area (Hon. David Oppon Kusi)
- Plight of the Child International(POCI)-NGO
- St. John's Clinic
- Volunteers

The Beneficiaries:

The beneficiaries included the townsfolk of Ofoase, Nyamebekyere, Praso, Brenase, Bontoduase, Kotokuom and Adwafo. The target set for this was 5000 people, but we were able to meet only 3000 people. We did basic medical screening like checking of weight, height, temperature, blood-sugar level and blood pressure. Doctors treated cases like arthritis, malaria, infections of different etiologies, convulsion, hypertension, diabetes and the like. At the end of every day's work gifts were distributed out.



The Medical Supplies:

We were fortunate to have received both cash and drugs donations from our donors whose names would be listed on a different page. With the cash donations received, we were able to cater for our other expenses. Some of the basic medications include vitamins, cough syrup,

paracetamol, diclofenac ointments for body pains and malaria treatment drugs. Unfortunately by day 4, some of our members had to visit the nearest biggest town (Oda) to buy some drugs.

Transportation:

Accessibility of roads to the various communities visited was cumbersome since most of the roads connecting to the various areas were in bad states. Despite the difficulties, we managed to hire a bus which conveyed us to our destinations although the bus had to travel in two batches.

The Volunteers:

The numbers of volunteers estimated to have made this programme a success were about thirty—four. With about twenty-two Ghanaian students based in Russia, two Russians, six Ghanaian students and four officials from POCI. In all it was a fulfilling experience for each volunteer despite the challenges.

The Services:

Screening and Medical Check ups

We took weights for both children and adults who turned up at the outreach centers. Temperature, blood pressure and body mass index were all taken at the nurse's table. Wounds of the injured were also dressed by the nurses. There were about 6 doctors at the table every time to see the people.



Dispensary:

A section was also apportioned for the distribution of the right drugs prescribed by the doctors. Medicines for common illnesses and symptoms such as coughs, headache, colds, malaria, hypertension and arthritis were all tended to by our dispensary section.

Counseling:

There was another stand set up at the venue which dealt with the spiritual lives of the people and also to help spread gospel. This was done one on one with the townsfolk who were present at the medical screenings. About 300 gave their lives to Christ during the counseling.



Freebies:

A stand was made at the venue where items like sanitary pads, toothbrushes, toothpaste, notepads, ribbons, chains, earrings and soaps were all distributed out to members of the communities especially the women and kids. Also confectionaries like biscuits and drinks were mostly given to the kids.

Other Activities:

A visit was made to Akokoaso Senior High Technical in the Eastern Region of Ghana. Our main aim was to help the students in making the right career choices. About ten members of our team were delegated to make this Career Guidance Talk successful. The students were really motivated to pursue their dreams.





In addition, a three day crusade was organized for the people of Ofoase and its environs. At the end of the crusade about 66 souls were won for Christ at the crusade. The local churches participated actively.



Experiences:

Since it was the first time for most of the volunteers to have visited the rural areas it was quite challenging especially with the nature of the roads. Unfortunately, we ran out of items like

- -Papers for registration
- -frequently prescribed drugs

In spite of the challenges, we were able to overcome and made new friends which really helped a lot. We were more effective because we had professionals incharge of every department and a team of committed volunteers.

Our Gains

Our greatest gain was the many souls that gave their lives to Christ through the missions. Through the medical mission we gained valuable contacts in many different establishments. This will be of great importance for our future projects.

The volunteers, from both DoctorsAct and POCI had an experience of a life time. Some of them got to witness the way of life of many Ghanaians and the mission was somewhat of an eye opener to many. It was also an event that showed us that nothing is impossible with God. We turned these deprived venues for a medical mission into success stories.

Most importantly, we managed to provide much needed health care and medical assistance to people who could not afford such services for themselves or their families. We received and experienced a local community's embrace and will no doubt always be closely connected to Akim Ofoase and surrounding communities.

Funding The Mission.

We are really grateful to the churches, companies and many individuals who donated generously to make this year's missions a success. The full list of donors is on a separate page below.

Our general expenses included:

Expenditure	Cost (usd)
Feeding	1200
Medical equipment and supplies	1100
Accomodation	900
Gifts	500
Transport	1000
Miscellaneous	170
Total	4870

We are debt free!!!

Sponsors

Anaji Christ the King Community Cooperative Credit Union, Takoradi.

Ghana Rubber Estates Limited

International Christian Assembly, Moscow.

Kinapharma Ltd, Takoradi

Novgorod state Christian fellowship

Prime Solutions, Accra.

Rev. & Mrs Yeboah Mintah

Charlotte Appau

Justice Boateng

Natalie Adu

Daniel Darko

Herbert Manford

Budu Acquah

Josephine Quarcoo

Mike Tuffuor

Prince Abakah and Pearl Debrah

Ebenezer Adu Aryeh

Stephan Churakov

Alain-Gildas Dushime

Christian House Fellowship

Andrei Dotsenko

Mary Ifeanyi

Theresa Ruba Koroma

Prince Tabi

Liza Ermakova

George Quaynor

Charles Debrah

Phyllis Tete

Kwesi Owusu Afriyie

Leonard Dontwi Abban

Elvis Yaw Barima

Joanna Dsani

Sophy Osei Owusu

Romeo Boahen

Pavel Stupakov

Kwame Akoto Danso

Friends of George (Pharmaceuticals)

Sasha Matsnev

Daniel Kwakye Nomah

Geraldine Ankrah

Reginald Maddy

Paa Kwesi Borsah Kum

Josephine Frempomaa

Esther Boatemah Owusu

Sam Arthur

Quincy Ofori

Obed Afriyie Mercy Mohenu Anonymous Billy Larmie Dennison Agala Kuma

Total 4900\$

LIST OF VOLUNTEERS.

- 1. Dr. Josephine Akwele Quarcoo
- 2. Dr. Charles Ofosuhene Debrah
- 3. Dr.Daniel Osafo Darko
- 4. Dr.Richard Dei-Asamoah
- 5. Dr. Kuma Dennison Agala
- 6. Dr. Afeke Korsi Hormeku
- 7. Dr. Delali Blood-Dzraku
- 8. Mike Amirikah Tuffour
- 9. Josephine Frempomaa Amankwah
- 10. Marian Theresa Ampadu
- 11. Obed Afriyie Boakye
- 12. Quincy Ofori
- 13. George Quaynor
- 14. Elizabeth Ermakova
- 15. Gideon Owusu
- 16. Kwasi Owusu Afriyie
- 17. Geraldine Ankrah
- 18. Stepan Churakov
- 19. Natalie Abena Adu
- 20. Daniel Kwakye Nomah
- 21. Samuel Kwesi Arthur
- 22. Esther Boatemah Owusu
- 23. Richard Kwesi Gyasi
- 24. Mercy Adjeley Mohenu
- 25. Benjamin Ofosu Agyemang
- 26. Bill Graham Osei Akomee
- 27. Parker Chen
- 28. Ernest Kofi Asamoah
- 29. Inga Bethmann
- 30. Joseph Ayinka
- 31. Foster Dankwah
- 32. Reginald Maddy
- 33. Paa Kwesi Borsah Kum
- 34. Bernard Opoku



Our gratitude

All glory and honour be to the Lord Almighty who worked everything out for good.

Thank you very much for everything you did to make 2013 BISD a success. We are proud of you.

